

Summer Soccer Camps

Camp Director, Tim Collins

Collins begins his eighth season as the Head Women's Soccer Coach at Washburn University. After many years as a successful high school coach, Collins began the Washburn program in December 2002. His players have not only garnered accolades on the field, but also in the classroom. Collins continues to build a successful program.

A national "A" licensed coach, Collins previously served as the director of coaching for the Kansas State Olympic Development Program, a program of U.S. Youth Soccer.

Camp Staff

Camp assistants include current and former Washburn University women's soccer players. After another successful soccer season, these women are excited to share their passion for the game of soccer. In addition, we are pleased to welcome other local soccer players who compete at the college level and are committed to assisting with the camp.

Rebound Sports Performance

A station designed specifically for speed, agility and movement development from the highly trained and quality staff of Rebound.

All camp participants receive a complimentary Sunflower Soccer Association camp t-shirt!

Sessions

**All camps are held at the Sunflower Soccer Complex
4829 NW 17th Street
(N. Hwy 75 & Lower Silver Lake Rd.)**

June 7 – 11, 2010

SESSION 1

Mini Kicker Camp - \$25.00

- a. 9:15 a.m. – 10:15 a.m.
- b. 10:30 a.m. – 11:30 a.m.
- c. 6:00 p.m. – 7:00 p.m.

Basic Skills Camp - \$50.00

- d. 9:00 a.m. – 11:00 a.m.
- e. 6:00 p.m. – 8:00 p.m.

June 14 – 18, 2010

SESSION 2

Mini Kicker Camp - \$25.00

- a. 9:15 a.m. – 10:15 a.m.
- b. 10:30 a.m. – 11:30 a.m.
- c. 6:00 p.m. – 7:00 p.m.

Basic Skills Camp - \$50.00

- d. 9:00 a.m. – 11:00 a.m.
- e. 6:00 p.m. – 8:00 p.m.

June 21 – 25, 2010

SESSION 3

Advanced Skills Camp - \$70.00

- a. 9:00 a.m. – 11:00 a.m.

Goalkeeper Camp - \$80.00

- b. 6:00 p.m. – 8:00 p.m.

Please make checks payable to Sunflower Soccer Association.

Registration

Player Name: _____

Age: _____ M or F

Address: _____

City: _____ Zip: _____

Phone: _____

Parent Name: _____

Work/Cell Phone: _____

E-mail: _____

Shirt Size (circle one): YS YM YL AS AM AL

I hereby waive and release Sunflower Soccer Association, Tim Collins and all Coaches and/or Trainers from any and all liability for any injuries or illnesses incurred while at camp. I will be responsible for any medical or other charges in connection with my son or daughter's attendance. I acknowledge that Sunflower Soccer Association requires the use of shin-guards by all players while at camp.

Parent Signature

Please check the session requested:

Session 1:

a. ____ b. ____ c. ____ d. ____ e. ____

Session 2

a. ____ b. ____ c. ____ d. ____ e. ____

Session 3:

a. ____ b. ____

Please list medical problems SSA should be aware of: _____

Cut here and mail with registration fee to: Sunflower Soccer Association, PO Box 750194, Topeka, KS 66675

Mini-Kicker Camp

Ages 4 – 6

Must be 4 years old by Aug. 31, 2010

Featured Activities

- Skill Introduction
- Movement Development
- Fun
- Overall Game of Soccer



Basic Skills Camp

Designed for recreational player

Ages 6 – older

*** This camp is 2 hours***

Featured Activities

- Movement training
- Heading
- Dribbling
- Receiving
- Passing
- Finishing

Fun is again the main focus of this camp, but with more emphasis on individual skills.

Every player is required to bring a soccer ball, shin guards and a water bottle with them to camp each day.

Advanced Camp

For the serious soccer player

Featured Activities

- Fast Feet
- Core Stability
- Running shape
- Lateral Movement
- Advanced dribbling
- Using various surfaces of the foot
- Finishing
- Goalkeeping
- Heading
- 1 v 1 Defending
- 1 v 1 Attacking
- Possession
- Team Shape

Goalkeeping

Two age brackets, U-12 through U-14 & U-15 through U-18.

Featured Activities

Technical repetition and tactical training that will improve the goalkeeper's ability to catch (high & low balls), distribute, dive, organize defense & footwork.

NO DEADLINE – WALK UP REGISTRATIONS ACCEPTED!

Weather Policy: In case of inclement weather, please report to camp. Additional information will be provided at that time.

Sunflower Soccer Association Summer Soccer Camps



Hard Work + Desire + Talent = Success

- Individual Soccer Skills
- Sportsmanship
- Teamwork

Sunflower Soccer Association
PO Box 750194
Topeka, KS 66675
(785) 233-9700